



TREATMENT MENU

MEDWAVE INFRARED RECOVERY

Full body infrared sessions designed to support recovery and wellbeing.

INFRARED FULL BODY SESSION	1 Session	R400
STARTER PACKAGE	4 Sessions	R1 400
ESSENTIAL PACKAGE	8 Sessions	R2 600
PREMIUM PACKAGE	10 Sessions	R3 050
GOLD PACKAGE	20 Sessions	R6 000

RECOVERY MASSAGE

Choose Aromatherapy or Muscle Magnesium

HAND MASSAGE	20 Minutes	R200
FOOT MASSAGE	20 Minutes	R200
LYMPHATIC FACIAL MASSAGE	30 Minutes	R300
BACK MASSAGE	30 Minutes	R350
RELAXING HEAD & LEG MASSAGE	40 Minutes	R400
FULL BODY MASSAGE	60 Minutes	R650
DEEP TISSUE FULL BODY MASSAGE	40 Minutes	R700

MAKE A BOOKING

Call or WhatsApp 082 627 3038 or email info@hushrecovery.co.za

Hush Recovery Studio, PFC Boutique, Panorama Centre, Klipriver Road, Mulbarton.
Hush Recovery is a sister company to Sinzinani Spa.